Virginia Rural (Non-Metropolitan) Areas as Defined by the Office of Management and Budget (OMB)*

*Source: Office of Management and Budget (OMB)
All counties/cities that are not designated as parts of Metropolitan Areas (MAs) are considered rural by the OMB.
The current list of MAs, issued in January 2005, is available on the Internet at http://www.census.gov/population/www/estimates/metrodef.html