

# Virginia Department of Health Brain Injury Prevention

Brain Injury Report Out Day  
July 22, 2011

# Office of Family Health Services

## Injury Prevention Program

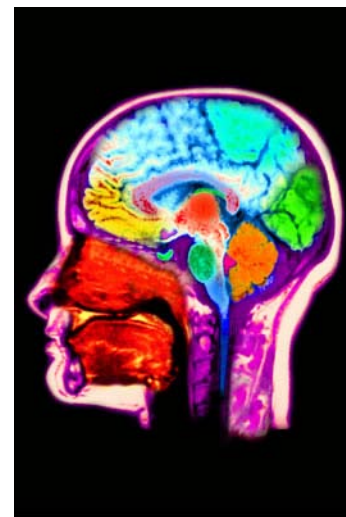
**Goal: To promote childhood related traumatic brain injury prevention efforts among stakeholders**

Prevention Strategies and Activities	
Raising awareness of the scope of the problem	Sharing of information and resources
	Presentations, trainings and exhibits
	Collaborative projects
Support of capacity building	Consultation and technical assistance
	Dissemination of proven safety devices
	Partnerships
Policy development	Sharing of data
	Educating about effective policies

# Injury Prevention Program

## Traumatic Brain Injury Prevention 3 Focus Areas:


- Recreation & Sports
- Child Passenger Safety
- Abusive Head Trauma-Shaken Baby Syndrome



# Recreation & Sports

## Youth Athletes

- Virginia Board of Education Guidelines for Policies on Concussions in Student Athletes
- Regional Concussion Prevention Workshops
- CDC Heads Up: Concussion Prevention Series
- Injury Update Report
- Trainings-awareness & professional development
- Media campaigns



**More than just a bump on the head?**

**A CONCUSSION IS A BRAIN INJURY.**

**An untreated concussion can result in fatal or disabling consequences for your child.**

Signs Observed by Parents	Symptoms Reported by Child/Teen
<ul style="list-style-type: none"><li>• Appears stunned or dazed</li><li>• Shows behavior changes</li><li>• Is confused about events</li><li>• Can't recall events prior to or after event</li><li>• Forgets class schedule or assignments</li><li>• Loses consciousness (even briefly)</li><li>• Trouble thinking or concentrating</li></ul>	<ul style="list-style-type: none"><li>• Headache</li><li>• Balance problems or dizziness</li><li>• Nausea/Vomiting</li><li>• Sensitivity to light or noise</li><li>• Blurred vision</li><li>• Feeling "dazed" or groggy</li><li>• Difficulty concentrating or remembering</li><li>• Feeling more emotional</li></ul>

**If you think your child might have a concussion, keep them out of play and seek medical attention right away.**

[www.PreventInjuriesVA.org](http://www.PreventInjuriesVA.org) • [www.cdc.gov/concussion](http://www.cdc.gov/concussion)

**VDH** VIRGINIA DEPARTMENT OF HEALTH  
Protecting You and Your Environment



**A concussion is a brain injury.**

**Athletes Parents Coaches:**

**Get the facts about prevention.**

[PreventInjuriesVA.com](http://PreventInjuriesVA.com)  
[blav.net](http://blav.net)

# Recreation & Sports

## Bicycle/Helmet Safety

- Policy changes to health and physical education curriculum
- 1,000+ health and physical education teachers have bicycle and helmet safety training
- Local bicycle helmet distribution projects
  - 2010 46 communities



## Playground safety

- Trainings to schools, childcare providers

# Child Passenger Safety

- First Ride Safe Ride
- Community Safety Seat Check Stations
- Low Income Safety Seat Education and Distribution Program
- Trainings-awareness & professional development
- Media campaigns



Virginia Department of Health: Office of Family Health Services  
Child Passenger Safety Program

# Abusive Head Trauma Shaken Baby Syndrome



- House Joint Resolution 632
  - Cost study and best practice identification
- Injury Update Report
- Other Office of Family Health Services Efforts
  - Home Visiting Programs
  - Home Visiting Consortium

# Office of Emergency Medical Services

## Virginia Statewide Trauma Registry

Code of Virginia § 32.1-116.1

*The Commissioner shall make available and share all information contained in the Virginia Statewide Trauma Registry with the Virginia Department of Rehabilitative Services so that the Department may develop and implement programs and services for persons suffering from brain injuries.*